

Sarah Hayes Donnell

Chapel Hill, NC

Theatre & Theatre Education Experience

Founder, Instructor, Well Played Creative, LLC, Chapel Hill, NC/Atlanta, GA: December 2020 – Present

- Lead ongoing advanced, trauma-informed acting classes for adults with emphasis on physical acting techniques and spirit of play.
- Offer one-on-one coaching to actors, writers, executives, and other leaders with emphasis on embodiment, intuition, and creativity.

Facilitator/Script Writer, Theater Delta, Durham, NC: August 2015 – Present (Contract)

- Use interactive theatre to educate and facilitate discussions about topics involving communication, power dynamics, and health.

Performer, Various, NC, NJ, NY, Madrid, GA: 2000 – Present (Contract)

- Act in plays, films, industrial videos, voice-overs for web and radio, and storytelling events (performance résumé on next page)

Teaching Artist, Alliance Theatre, Atlanta, GA: April 2019 – January 2022

- Designed and taught acting classes to adults and teens: Acting I, II, and III; Yoga for the Actor; Adult Performance Ensemble: Devising Fundamentals; and Teaching in the Virtual Classroom.
- Offered one-on-one coaching sessions for actors.

Actor/Educator, Kaiser Permanente Educational Theatre Program, Atlanta, GA: August 2018 – March 2019

- Toured elementary schools with the puppet show *Give Peas a Chance*.

Teaching Artist, Levin JCC Camp Shelanu, Durham, NC: Summer 2018

- Led storytime, drama, writing, bookmaking, and yoga sessions for summer campers kindergarten-aged through 8th grade.

Program Manager, UNC's Interactive Theatre Carolina, Chapel Hill, NC: June 2012 – September 2015

- Directed, wrote, produced, and facilitated interactive shows and workshops, reaching more than 8,000 students per year.
- Trained ensemble in acting and devising as tools for performance and for discussion about relevant social and health issues.

Co-Instructor & School Programs Coordinator UCLA's AMP! Sex Ed Squad at UNC, Chapel Hill, NC: Spring 2013

- Taught college students to write and facilitate interactive scenes to present to high school students about sexual health topics.

Education

- Starr King School for the Ministry in Oakland, CA
- University of North Carolina at Chapel Hill

Master of Arts in Social Change, 2021

Bachelor of Arts in Dramatic Art with Highest Distinction, 2007

Certifications & Professional Affiliations

- Certified Amherst Writers and Artists Workshop Leader, 2013
- Certified Yoga Teacher, Heart of Yoga School, 2012

Additional Training

- Clown I, II, and III with Christopher Bayes, 2021
- Improv, Storytelling, and Clown with Steven Loader, 2017
- Ensemble Directors' Training with Emmanuelle Delpech, 2014
- Theatre of the Oppressed with Jiwon Chung, 2021
- Clown with Virginia Scott, 2015
- Theatre of the Oppressed with Amy Burtaine, 2012 - 2015

Skills

- Prop & Costume Construction
- Puppetry
- Singing
- Basic Guitar
- Published Poet

(Performance résumé follows on next page)

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HEIGHT: 5'7"

VOCAL RANGE: Mezzo Soprano

NY THEATRE

Casebook of Rudolf H---	Mary Vetsera	New York Theatre Workshop	(dir. Saheem Ali)
The Merchant of Venice	Portia	Sanford Meisner Theatre	(dir. Artemis Preeshl)
Dark of the Moon	Barbara Allen	Thirsty Turtle Prod.	(dir. Ian Crawford)
And in Our Spare Time...	Jenna	Ensemble Studio Theatre	(dir. Adam Fitzgerald)
The New Hopeville Comics	Molly	American Theatre of Actors	(dir. Jim Wren)
Byuioo: A Gibberish Musical	Raksha	Fringe NYC	(dir. David Sorrells)
REMOirs	Mom Chorus	Thirsty Turtle Prod.	(dir. Ian Crawford)
General Admission	Shiela	Strawberry One Acts	(dir. RJ Tolan)

OTHER THEATRE

Picasso at the Lapin Agile	Suzanne	Carrboro ArtsCenter, NC	(dir. Jeri Lynn Schulke)
Hair	Suzannah	Skyline Theatre, NJ	(dir. Sam Scalamoni)
10 x 10 Festival	Ensemble	Carrboro ArtsCenter, NC	(dir. Emily Ranii)
Comic Potential	Jacie	Studio 3, NC	(dir. Greg Kable)
Noises Off!	Dotty Otley	LAB! Theatre, NC	(dir. Matt Farabee)
Private Lives	Sibyl	LAB! Theatre, NC	(dir. Amal Saade)
Shakespeare Unplugged	Helena/Lady Macbeth	LAB! Theatre, NC	(dir. Kate Stratton)
Jesus Christ Superstar	Pontius Pilate	Studio 3, NC	(dir. Greg Kable)
Hair	Tribe	Studio 3, NC	(dir. Greg Kable)
Meals Ready to Change	Laura	Theater Delta, NC	(dir. Ben Saypol)
Give Peas a Chance (Tour)	Wanda/Blue	Kaiser Permanente ETP, ATL	(dir. David Craven)
Equus	Hesther	LAB! Theatre, NC	(dir. Kern Clark)

O/C

Web Commercial	Jenn/Lead	Lenovo	(prod. Horizon VP)
Industrial	Amy/Lead	Kangaroo Stores	(prod. Horizon VP)
Known for the Colors...	Sarah/Lead	NYU Student Film	(dir. PJ Yurcak)
Industrial	Anchor/Lead	LoanCenter	(dir. Kirk Hewitt)
Industrial	Lead	Cree	(dir. Kirk Hewitt)

STORYTELLING

Young and Stupid	Featured Storyteller	La Chispa Madrid
Courage	Featured Storyteller	La Chispa Madrid

VOICE ACTING

Web Commercials (Recurring)	BB&T, Blue Cross & Blue Shield, Lenovo	(prod. Horizon VP, NC)
Radio Commercials (Recurring)	Sanford Smith & Associates Fine Art Fairs	(prod. Bruce Kaiser, NY)

TRAINING

BA Dramatic Art at UNC Chapel Hill:	Directing - Julie Fishell; Acting - Joan Darling; Solo Perf - Jeff Cornell
Circle in the Square Summer Conservatory, NY:	Physical Acting - Ken Schatz; Shakespeare - Sibyl Lines; Scene Study - Alan Langdon; Speech - KC Ligon; Technique - Jacqueline Brookes; Technique - Terese Hayden
Movement Theatre Studio, NY:	Ensemble Directing - Emmanuelle Delpesch; Clown - Virginia Scott
MAD Improv, Madrid:	Clown and Improv - Steve Loader
Coaches:	Theatre of the Oppressed - Amy Burtaine
	Singing Technique - Craig Richardson, Tim Matson
	Meisner Technique - Richard Gang

OTHER SKILLS

Costume, Prop, and Mask Construction; Radio Hosting; Workshop Leading; Devising; Script Development; Yoga; Puppetry